Captain John Lester Lovering Jr. 9/26/1961 - 2/13/2020

Cold War Submariner John Lester Lovering Jr., Captain, U.S. Navy, retired, a resident of Virginia Beach, went to be with our LORD on February 13, 2020. John was the beloved son of the late John Lester Lovering Sr. of Boston, MA and Elizabeth Lovering of Newport, RI.

John was born on September 26, 1961 in Boston, MA. His lifelong love of the sea began during his teen years on Cape Cod. He graduated from Tabor Academy in Marion, MA, where he was on the sailing and wrestling teams.

Following his commissioning from the U.S. Naval Academy in 1983 with a degree in marine engineering, he was assigned to submarines. He proudly served on active duty for 24 years, guided by love of God and country. Assignments included: Engineering Liaison Officer, USS Boston (SSN-703); Command and Control Officer, Submarine Group Seven (Yokosuka, Japan); Engineer, USS Jacksonville (SSN-699); Executive Officer, USS Pennsylvania (SSBN-735); Commanding Officer, USS Hampton (SSN-767). After command, he served as Staff Operations and Plans Officer, U.S. Second Fleet, and Submarine Warfare Officer, Norfolk Naval Shipyard.

John is survived by his beloved mother, Elizabeth, two sons John Lester Lovering III (Kristen) and Walter Henry Lovering, and former wife Barbara MacFarland Lovering. The joy of his life was family, with whom he shared his many talents and interests: playing beautiful piano music, chess, reading, writing, fishing, and sailing. John's faith in God and service to country are the banners of his love. All who were touched by his heart will never be the same. We will love and miss him forever and know he is now resting in peace.

John Lester Lovering, Jr , CAPT Image: Contact SSN-703 Navy Ships Shore Duty Associations					
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Hull#			Years	Special Duties	
Hull#	Ship's Name	Rate/Rank	Years	Special Duties	2
Hull#	Ship's Name Pennsylvania	Rate/Rank	Years	Special Duties	Executive Office

Sailor, Rest your oar.